



## Trained Lymphedema Therapists in Manitoba

The therapists listed here are trained in Combined Decongestive Therapy (CDT) and have graduated from a school that follows the Lymphology Association of North America (LANA) standards. Advanced therapy consists of Manual Lymphatic Drainage (MLD), compression, bandaging, education in lymphedema management, self care to promote lymphatic flow such as exercise/movement and skin care practices to prevent complications such as infections.

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**Codes:**

V Vodder trained and certified (please see [www.vodderschool.com](http://www.vodderschool.com))

K Klose trained (please see [www.klosetraining.com](http://www.klosetraining.com))

ACOLS Trained at Academy of Lymphatic Studies (please see [www.acols.com](http://www.acols.com))

CLT Certified Lymphedema Therapist

CLT-LANA Certified Lymphedema Therapist - Lymphology Association of North America

BMRPT/BPT Bachelor of Medical Rehabilitation in Physiotherapy/Bach of Physiotherapy

\* All therapists have trained at a program that meets the Canadian Lymphedema Framework standards noted below

LPN Licensed Practical Nurse

RN Registered Nurse

OT Occupational Therapist

RMT Registered Massage Therapist

MSc Master of Science

**QUESTIONS YOU MAY CHOOSE TO ASK:**

Do you treat (*my type*, eg arm, leg, head/neck) of lymphedema?

Do you need a doctor's referral?

What is the cost of your services? Do you direct bill to insurance companies?

Is your location wheelchair accessible (if applicable)?

What is the parking situation?

Are there any pets on the premises (if applicable)?

Do you provide mobile services (if applicable)?

Do you have any special training (if applicable)?

What should I expect on my first visit?

**Notes:**

LAM has adopted the definition of the Canadian Lymphedema Framework: "Certified lymphedema therapists are experts in assessing and treating lymphedema. They are nurses, physiotherapists, occupational therapists and massage therapists who meet the Canadian Lymphedema Framework's national training standards. To certify, lymphedema therapists train for a minimum of 135 hours with a recognized school." [www.canadalymph.ca](http://www.canadalymph.ca)

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